FADE IN:  

THE UNITED NATIONS  
FILM BOARD PRESENTS  

DISSOLVE TO:  

A FREDERIC HOUSE PRODUCTION  

DISSOLVE TO:  

DIRECTED BY LEO SELTZER  
Script--Albert Wasserman  
Camera--Albert Mozell  
Assistants--Felix Lazarus  
Bert Spielvogel  
Narrator--Winston O'Keefe  
Medical Supervision--Dr. N. Purshottam, M.D. (India)  
Produced by Karl Hinkle  

DISSOLVE TO:  

FOR THE DEPARTMENT OF SOCIAL AFFAIRS  
OF THE UNITED NATIONS, UNDER SUPERVISION  
OF THE DEPARTMENT OF PUBLIC INFORMATION  
OF THE UNITED NATIONS  

FADE OUT:  

FADE IN:  

1.  LS. Tree. Moving swing comes into frame. Camera pans with movement.  

2.  FS. Side angle of three moving swings.  

3.  FS. Swimming pool seen past swings.  

4.  MS. Children in pool leaping for ball.  

5.  MS. Pool. PAN to wheel chair.  

6.  FS. Boy with bad hand.  

7.  FS. Boy with bad legs  

51613  

(MUSIC DOWN. SOUND EFFECTS OF CHILDREN'S SHOUTS AND LAUGHTER)  

(NARRATOR)  
These children, splashing and playing like any normal children.... ....are all crippled.  

Some of them may never be cured.  
Yet all of them will become useful adults--given proper training....
8. MS. Donald carried out of pool to chair. Chair is wheeled away.


10. MS. Donald and wheelbarrow.

11. FS. The garden. Donald and wheelbarrow enter.

12. TWO-SHOT. Hoers.

13. MCU: The hoers.

14. FS. Cabbage patch and children.

15. CU. TWO-SHOT. Cabbage patch.

16. CU. Picking cabbage

Dissolve to:

17. Boy sawing

18. Donald nailing boat.


Training by skilled workers who have acquired technical knowledge of the body, the brain, and the emotions.

...And whose professional knowledge is reinforced by the love and devotion necessary for training handicapped children.

The chief training ground for a handicapped child is his home.

But there are other places--a garden. Here he can mingle with other children.

He can prepare for usefulness.

...By being useful.

And occupation turns his thoughts outward from his limited body to the world around him.

Occupation frees the mind. And also trains the muscles.

Exercise is welcome when the movements produce something.

......A toy boat to sail in puddles.
20. CU. Boy clay sculpting.


22. FS. Girl, finger-painting.

23. CU. Fingers, painting.

24. MS. Girl, finger-painting, and social worker.

DISSOLVE TO:

25. MS. Counselor and music group.

26. CU. Cymbal player.

27. PAN along music group

28. FS. Music group

DISSOLVE TO:

29. FS. Pebble game group under tree.

30. MS. Pebble group. Pebble handed to child.

31. Children passing pebble.

32. CU. Hands passing pebble.

33. Boy who is 'It' (Lenny) takes hand from eyes.

... A clay mask to strengthen fingers and imagination.

Fascinating things can be done using simple equipment—with the social worker helping maintain interest by instruction and encouragement.

Even a severely handicapped child...

... Can have the satisfaction of creative activity.

Music is a medium for developing co-ordination, as well as for exercising muscles.

(SOUND EFFECTS: MUSIC)

When training starts early, the handicapped child has a far better chance for recovery.

For these youngsters, the social worker uses the simple activities they enjoy.

Through a group game... hands and arms can be trained for movement.
And at the same time, hearts can be trained for happiness..............
............Lips can be trained for laughter.

The first goal of therapy is self-help.

To achieve it, basic motions are translated into play.

Abduction and adduction of the shoulder become a tunnel shoveled in the sand.

Grasp and release become a castle built of blocks.

Slowly the games change.

The block becomes a piece of bread—and the child can feed herself!

Together with, and often before occupational therapy, more specific conditioning exercises are needed.
DISSOLVE TO:

46. FS. Helen massaging boy.

47. MS. Helen massaging boy.

48. CU. Helen's face.

49. CU. The boy's face.

50. MCS. Helen's hands massaging the boy's leg.

DISSOLVE TO:

51. LS. Donald carried to treatment table.

52. MS. Lucy administering passive exercise to Donald.

53. CU. Passive exercise.

DISSOLVE TO:

54. MS. Active exercise.

55. MCU. Donald under stress after exercise.

56. MS. Lucy giving Donald breathing exercises

DISSOLVE TO:

57. CU. Donald's legs. TILT UP to resisted exercise.

Such exercises are provided by physical therapy.

The instruments of physical therapy are simple things....

.....A soft voice, a smile.....

.....And hands, skilled in the education of muscles.

Firm, gentle massage improves circulation and prepares the limb for use.

Legs that can barely move can be strengthened by an overlapping series of exercises.

Therapy must be given regularly, over an extended period of time.

First, the feeling of motion is taught through passive exercise.

Later, active movement may be started. The first hesitant motions are hard work--and....

....The social worker must watch for signs of fatigue.

Deep breathing helps the child relax.

Now his muscles are stronger.

They can push against resistance.
58. MS. Donald and Lucy, finishing exercise. She leaves.

59. MCU. Donald's face. TILT DOWN along body to his legs, as he dangles these experimentally.

DISSOLVE TO:

60. CU. Donald's feet. TILT UP along his body as he stands supported against a wall.

DISSOLVE TO:

61. FS. Donald and Lucy as he stands unsupported; holding her hand.

62. INTERCUT, MS. Donald lets go; straightens up.

63. FS. Donald, standing unsupported; and Lucy.

DISSOLVE TO:

64. MS. Social worker and boy. Boy is walking along parallel bars.

65. MCU. Legs walking through bars with abduction board.

DISSOLVE TO:

66. MCU. Legs walking through colored squares.

DISSOLVE TO:

67. MCU. Legs walking through bars with raised floorboards.

68. Donald walking through bars.

Slowly, his legs are beginning to feel like part of his body.

He is ready to test them against earth. Now he can practice standing. He is first supported against a wall.

And then, supported only by confidence....

.....In himself and in his instructor.

Walking is only a few steps away.....

Simple equipment helps him prepare for walking--parallel bars of different kinds.....

.....With a board in the center to keep the knees apart.

.....With colored squares to train alternate stepping.

.....With raised bars on the floor to correct shuffling.

Step after step, month after month, the training continues.
And with each step, each month, recovery is a little closer.

Now his legs are free.

Because the child himself has been developed, as well as his legs...walking is a beginning, not an end.

Those who have helped him--the social worker...His parents--will still help him. Now they can begin to share his triumph...

...As with his first steps he seeks a direction...The way to usefulness and dignity among people.

(MUSIC UP AND OUT)

THE END